

Packing– Things you'll need for your trip

Things to know:

- Luggage with wheels or back pack style are best
- You may only have one checked piece of luggage, one carry-on and one personal item (small handbag or something)
- Luggage must weigh less than 50 pounds
- Leave room for souvenirs on the way back and extra materials we'll bring over with us (you'll receive those the week before we leave).

For the Plane: you will need to pack one 1qt plastic bag (we'll provide extras) with your toiletries in them. All containers must be 3oz or less. Check the labels.

*****Please pack one change of clothes in your carry-on – we have had several years where people and their luggage have not arrived at the same time.**

Clothing: It should be light, please pack layers and modest clothing for the weather. It is very hot and dusty, so you'll need lighter clothing that breaths well.

Aside from the normal clothing you'll want to bring:

- Good walking shoes, two pair (unknown weather might put one pair out of commission for a day or so) Flip Flops do not count as good walking shoes.
- Shower shoes (sandals)
- Layers of clothing (weather gets cooler at night – lower 60s)
- Plenty of socks, underwear, etc.
- Waterproof jacket (light) – it tends to rain a bit this time of year in D.R.
- Ladies – scarves or light cardigans to cover your shoulders. No spaghetti strap tank tops.
- Men must have walking shoes that are not sandals in order to get into certain places
- Men are advised to not plan on wearing shorts most days, as some places will not allow you to enter with shorts on.
- Ladies – all shorts/dresses/skirts must be to the knee (or very close)

** Note: people don't really wear shorts – think of alternatives

Bedding: Sheet, pillowcase

Misc Items:

- Money holder (for under clothing, that can also hold your passport)
- Sunscreen
- Water bottle (reusable)
- Towel, hand towel, washcloth
- Kleenex (tissues)
- Hand Sanitizer
- Toilet Paper to carry with you
- Driver's License/ Credit Card
 - Day pack/small bag to carry materials during the day
- Sunglasses
- Umbrella
- Q-tips
- Snacks to carry with you
- Gifts to bring to people you meet – i.e. things from Iowa